



Innovation > Sport & Fitness > In NYC, gym classes free for those who lend a helping hand

## IN NYC, GYM CLASSES FREE FOR THOSE WHO LEND A HELPING HAND



SPORT & FITNESS

**Several New York gyms are offering work-trade programs, enabling cash-strapped customers to exchange volunteer work for workout sessions.**

### UNLOCK THIS INNOVATION AND MUCH MORE... //

Become a member today and get early access to the ideas transforming our world from just **£39 per month\***

#### Exclusive member benefits:

- Access to over 13,000 innovations
- Monthly horizon scanning reports
  - Exclusive feature articles

**BECOME A MEMBER**

Already a member? [Sign in here](#)

Sign in

LIBRARY ACCESS