



Help yourself herb garden

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DUTCH SHOPPERS PICK OWN HERBS IN SUPERMARKET GARDEN

 WORK & LIFESTYLE

Leading Dutch supermarket Albert Heijn has created the Help Yourself herb garden for the ultimate in freshness, allowing customers to take just what they need.

The Netherlands' award-winning [Albert Heijn](#) supermarket chain recently introduced a new service for its customers – pick-your-own herb gardens. Developed with design agency [studiomfd](#), the Help Yourself Herb Garden lets customers pick exactly what they need, from a full plant to a few sprigs. Herbs are brought in-store as soon as they are fully-grown and ready to be harvested.

The store also provides a sink for shoppers to wash their hands in after gathering the herbs. Urban farming and gardening projects are finding increasingly clever ways to use formerly disused spaces. Recent Springspottings include a Canadian foodbank that set up [an aquaponics farm](#) to help fulfill the local need for fresh produce, and [a floating farm](#) in Rotterdam's harbor that is powered by the manure of the animals being raised there.

How else could food deserts be improved through local urban garden or farm projects?

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