



The circadian lightbulbs emit the required wake and sleep wavelengths of light, as directed by the accompanying app | Photo source [Gregory Pappas on Unsplash](#)

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CIRCADIAN LIGHTBULBS PROVIDE PERSONALISED BODY CLOCK LIGHTING



HEALTH & WELLBEING

The light from the bulbs looks white, yet contains app-controlled wavelengths that mimic those that occur naturally at sunrise and sunset

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