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ELECTRONIC YARN WOVEN INTO SPORTSWEAR MEASURES EXHAUSTION LEVELS

 SPORT & FITNESS

Researchers at ETH Zurich have developed a yarn that can be woven into close-fitted sportswear to sense the wearer's exhaustion level during physical activity

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Takeaway:

The quest for physical fitness has been blending with technology in recent years, including smart watches and wearables. In fact, the number of smartwatches being shipped is expected

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to 402 million units in 2027, compared with 37 million in 2016. ETH Zurich's textile research follows this growing trend, but with a unique angle. It can also offer potential applications beyond sport in the workplace, and for rehabilitation and even medicine.